



# The Book of Ruth

4 weeks

ChristCare



## Naomi and Ruth

### Share

**Question** Have you ever had to live far from your home?

**Hear** Ruth 1: 1-22

### Explore

1. Where is Naomi from and why is she in Moab?
2. Have things been going pretty smoothly for her since moving there?
3. What event has caused her to decide to move again?
4. Describe her “excess baggage” problem.
5. What affect does Orpah’s decision have on Ruth’s resolve to stay with Naomi?
6. Once Ruth made her statement, how do you think Naomi felt?
7. Upon their arrival in Bethlehem, what does Naomi tell the people to call her?

### Connect

1. How do we often react when our personal rug gets yanked?
2. When someone shows you how much they care, are you comfortable with it?
3. Have you ever felt emptied? How, if ever, were you refilled?
4. How can we help the “empty vessel” people in our life?

### Prepare

Take part of this story along to help you walk the road this week.

*Moral  
spiritual strength*

## **Ruth Meets Boaz**

### **Share**

### **Question**

Have you ever worked in a harvest field? *or farm*

### **Hear**

Ruth 2: 1-23

### **Explore**

*What does glean mean?*

1. Why was Ruth's decision to glean in the fields a brave one?
2. After speaking with the foreman, what good news did Boaz tell Ruth?
3. When Ruth asked Boaz why he had shown her such favor, what was his reply?
4. What other kindness did Boaz show Ruth that day?
5. What did Naomi tell her about Boaz that evening?

### **Connect**

1. When have you been obliged to perform a humbling task?
2. Have you ever had to ask a family member for help?
3. When your reputation precedes you, how can it affect the relationships you develop?
4. Does the Lord help those who help themselves?
5. When we become aware of the good acts of others, what should be our response?

### **Prepare**

*What mechanisms does our country have for coping with the hungry + homeless?*

Glean something from Ruth's story to take home with you today.

*6. Whom do you know  
that needs to be reminded  
that God still  
loves them?  
What will  
you do today  
to demonstrate  
such love.*

## Ruth Takes Care of Business

### Share

### Question

**Hear** Ruth 3: 1-18

### Explore

1. What is significant about the way Naomi tells Ruth to prepare for her meeting with Boaz?
2. Couldn't Boaz have slept in a more comfortable place?
3. Why was the threshing floor during the harvest the perfect time and place for Ruth to make her move?
4. Do you think Ruth got any sleep while she lay at Boaz's feet?
5. Who proposed to whom?
6. How would you characterize Boaz's reaction?
7. After spending the night under Boaz's protection and leaving discreetly before dawn, what advice did Ruth receive upon arriving home?

### Connect

1. Whose timing is important in our faith journey?
2. How can we prepare ourselves to meet our Lord?
3. The threshing floor is a place of refining. What are some of the threshing floor moments of your life?
4. How can we lay ourselves at Jesus' feet?
5. What results can we hope for when we humble ourselves before God?

### Prepare

Separate out a few grains of truth from this passage. Careful! Don't get any chaff in your eyes! May God bless your harvest.

## Ruth Marries Boaz

**Share**

**Question**

**Hear** Ruth 4: 1-22

**Explore**

1. Why did Boaz sit at the town gate?
2. Was he after the land or the lady?
3. What made Boaz's kinsman change his decision to purchase the land?
4. How did the union of Boaz and Ruth become a blessing for Naomi? For us?

**Connect**

1. Do the kinsman and Boaz suggest a parallel with O.T. law and our redemption through Jesus?
2. What lessons from the story of Naomi, Ruth, and Boaz can we apply to our lives?
3. Is there a way we can use this story to help someone who feels empty?

**Prepare**

Write your own "concept phrase" that describes a lesson you've learned from our study of Ruth. Use it in your life this week.